



Complex care at home
for Children

A comprehensive web resource to help you care for your child with medical complexity at home



Your child has unique healthcare needs and you are learning how to provide care safely at home. This can be overwhelming; we are here to help. With input from caregivers and pediatric experts, we have developed the **Complex care at home for children** website for families like yours. On it, you will find clear guidelines on how to provide safe, quality care at home, in collaboration with the support from your child's healthcare team.

Together to support families... one day at a time.



complexcareathomeforchildren.com



Tips, tools and resources to help you

Prepare your child. Learn how to optimize your child and family's daily routine while providing special care at home. Find tools to build predictable routines which encourage development, autonomy and self-esteem.

Prepare yourself. Discover empowering strategies that help you organize your day - taking care of yourself, your child and your family.

Prepare your home. Review tips on setting up clean spaces at home, considering your child's main care needs and the necessary equipment and materials. Learn how to make care at home as safe as possible.

Build connections. Find links to resources for financial aid, caregiver support groups, respite care and more.

Types of care

Find illustrated step-by-step instructions, videos, checklists and trouble-shooting guides to help you gain the skills and knowledge needed to provide safe care to your child at home. All materials are easily downloaded and printed and/or accessed by computer, tablet or smartphone.

- Respiratory care
- Peritoneal dialysis
- Enterostomy care
- Enteral nutrition
- Parenteral nutrition
- Intravenous antibiotic therapy
- Intermittent bladder catheterization

All materials are available in English and in French.

Based on best practices

The complexcareathomeforchildren.com website was built using caregivers' input and feedback. Care practices were reviewed by a team of pediatric experts to ensure that the guidelines are safe and effective and based upon the best evidence available.

The aim of this resource is to support you in caring for your child with medical complexity at home, as safely as possible and to promote the overall well-being of your child and family.



Thank you to Opération Enfant Soleil for making this website and ongoing updates and development possible. Thank you to the many caregivers, healthcare providers and content experts who contributed to the development of this unique resource.

In collaboration with

